

2024-2025 Class Descriptions

Beginner Levels

BEGINNER 1A

These classes introduce the fundamentals of ballet.

Per week, tuition includes:

- (1) ballet technique class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class

BEGINNER 1B

These classes serve as a bridge between Beginner 1A and Beginner 2.

Per week, tuition includes:

- (2) ballet technique classes

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class

BEGINNER 2

These classes continue to build on the foundation of their studies in ballet.

Per week, tuition includes:

- (2) ballet technique classes

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) jazz class



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Intermediate Levels

INTERMEDIATE 1

These classes are focused on crafting a young dancer's ability to focus and execute existing and new ballet vocabulary.

Per week, tuition includes:

- (4) ballet technique classes
- (1) pointe prep (de-shank class) OR
(1) men's class
- (1) hip-hop, contemporary OR jazz class
- (1) conditioning class (**men**)

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) contemporary class
- (1) jazz class
- (1) conditioning class (**ladies**)

INTERMEDIATE 2

This level provides a larger offering of classes to continue to expand a student's knowledge and experience.

Per week, tuition includes:

- (5) ballet technique classes
- (2) pointe class OR
(1) men's class per week
- (1) contemporary, jazz OR hip-hop classes
- (1) conditioning class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) pointe class
- (1) hip-hop class
- (1) contemporary
- (1) jazz class

2024-2025 Class Descriptions

Advanced/Pre-Professional Levels

ADVANCED 1 / ADVANCED 2

These classes focus on the finer and more advanced fundamentals of ballet.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) men's class
- (1) pas de deux class (**men enroll in both Adv 1 & Adv 2**)
- (1) variations class (**for ladies**)
- (1) hip-hop class
- (1) conditioning class
- (1) contemporary OR jazz class

**These levels have the option to add the Morning Classes. These levels also include potential opportunities to rehearse and perform with Carolina Ballet if deemed ready.*

PRE-PROFESSIONAL

These classes are geared towards refining their training in preparation for a career in a professional ballet company and further.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) men's class
- (1) pas de deux class
- (1) contemporary OR jazz class
- (1) hip-hop class
- (1) conditioning class
- (1) variations class
- (5) morning classes

**This level includes opportunities to rehearse and perform with Carolina Ballet if deemed ready*

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FLEX PROGRAM (available to Intermediate 2 students and up)

This option is designed for students who are seeking to balance their ballet and school/ extracurricular workloads. A student has the option to add as many classes as they'd like at the additional class rate.

Per week, tuition includes:

Intermediate 2:

- (3) ballet technique classes
- (1) pointe class
- (1) men's class
- (1) hip-hop, contemporary, jazz OR conditioning class

Advanced 1/ Advanced 2:

- (3) ballet technique classes
- (1) pointe class
- (1) men's class
- (1) variations class
- (1) hip-hop, contemporary, jazz OR conditioning class