

2023-2024 Class Descriptions

Beginner Levels

BEGINNER 1

These classes provide an introduction to the fundamentals of ballet.

Per week, tuition includes:

- (1) ballet technique class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class

BEGINNER 2

These classes continue to build on the foundation of their studies in ballet.

Per week, tuition includes:

- (2) ballet technique classes

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop class
- (1) conditioning class

Intermediate Levels

INTERMEDIATE 1

These classes are focused on crafting a young dancer's ability to focus and execute existing and new ballet vocabulary.

Per week, tuition includes:

- (4) ballet technique
- (1) beginning pointe/pre-pointe (teacher recommendation required) OR
(1) men's class
- (1) hip-hop, contemporary OR jazz class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) hip-hop
- (1) contemporary OR jazz class

INTERMEDIATE 2

This level provides a larger offering of classes to continue to expand a student's knowledge and experience.

Per week, tuition includes:

- (5) ballet technique classes
- (1) pointe class (Beginning or Intermediate 2 Pointe) OR (1) men's class per week
- (1) contemporary, jazz OR hip-hop
- (1) conditioning/stretch class

Optional additional classes:

- (1) ballet technique class (higher level possible based on teacher recommendation)
- (1) pointe class
- (1) hip-hop class
- (1) contemporary OR jazz class
- (1) conditioning class

Advanced/Pre-Professional Levels

ADVANCED 1 / ADVANCED 2

These classes focus on the finer and more advanced fundamentals of ballet.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) men's class
- (1) pas de deux class
- (1) variations class
- (1) hip-hop class
- (1) conditioning class
- (1) jazz class (**Adv 1**)
- (1) contemporary OR jazz class (**Adv 2**)

**These levels have the option to add the Morning Classes. These levels also include potential opportunities to rehearse and perform with Carolina Ballet if deemed ready.*

PRE-PROFESSIONAL

These classes are geared towards refining their training in preparation for a career in a professional ballet company and further.

Per week, tuition includes:

- (6) ballet technique classes
- (2) pointe classes
- (1) men's class
- (1) pas de deux class
- (1) contemporary OR jazz class
- (1) hip-hop class
- (1) conditioning class
- (1) variations class
- (5) morning classes

**This level includes opportunities to rehearse and perform with Carolina Ballet if deemed ready.*

FLEX PROGRAM (available to Intermediate 2 students and up)

This option is designed for students who are seeking to balance their ballet and school/ extracurricular workloads. A student has the option to add as many classes as they'd like at the additional class rate.

Per week, tuition includes:

Intermediate 2:

- (3) ballet technique classes
- (1) pointe class
- (1) men's class
- (1) hip-hop, contemporary, jazz OR conditioning class

Advanced 1/ Advanced 2:

- (3) ballet technique classes
- (1) pointe class
- (1) men's class
- (1) variations class
- (1) hip-hop, contemporary, jazz OR conditioning class